



National Regatta Europe Class Belgium

10.10.2021
Inside Outside VZW
Ostend - spuikom

Sailing Instructions

The notation [C-19] means that due to the outbreak of the Coronavirus disease (Covid- 19) additional rules apply for this event to protect the health of both the participants and officials. It is in our general interest to put aside our "pre-corona habits" and adjust them to the current situation of controlling the spread of the virus and the disease. The team of the Inside Outside Club and the Race Committee will do everything possible to make it a fantastic event for you, but this will only work with mutual respect, cooperation and commitment. We would like to thank you in advance for respecting the applicable rules during the event for hand hygiene, social distancing and the wearing of face masks.

1. Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024.
- 1.2 The prescriptions of the national authority (Belgian Sailing) will apply.
- 1.3 The national class rules will apply.
- 1.4 The notice of race will apply.
- 1.5 These sailing instructions will apply.
- 1.6 If there is a conflict between languages the English text will take precedence.

2. Notices to the competitors

- 2.1 Notices to the competitors will be posted on the official notice board located near the regatta office.

3. Changes to Sailing Instructions

- 3.1 Any change to the sailing instruction will be posted not later than 30 minutes before the start of the race in which it will take effect.

4. Signals made ashore

- 4.1 Signals made ashore will be displayed at the post near the water.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 10 minutes" in the race signal AP.
- 4.3 Flag G with one sound means "Go Afloat, the warning signal will not be made less than 10 minutes after flag G is displayed."



5. schedule of races

- 5.1 Dates of racing: 10.10.2020
- 5.2 There will be sailed in 1 fleet:
- 5.3 First warning signal will be given at 10h30.
- 5.4 Number of races: maximum 8 races per day.

6. class flags

- 6.1 Class flag will be E for Europe and warning signal

7. The courses

- 7.1 The diagram on the official notice board will show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark has to be left.

8. Marks

- 8.1 The marks of the course will be noted on the ONB.
- 8.2 The mark of the start will be a red buoy.
- 8.3 The mark of the finish will be a blue buoy.

9. The start

- 9.1 The starting line will be between the RC boat at SB displaying an orange flag and a red buoy at the port end.
- 9.2 When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable.
- 9.3 A boat starting later than 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

10. The finish

- 10.1 The finishing line will be between the RC boat at port, displaying a blue flag and a blue buoy at starboard.
- 10.2 Keep clear the finish line after finishing.

11. Time limits

- 11.1 Boats failing to finish within 15 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules A4 and A5.



12. Protests and request for redress

- 12.1 The intention to protest shall be announced to the RC Finishing Boat IMMEDIATELY after finishing, by mentioning the protestee. The competitor must wait for an acknowledgment from the RC. This change RRS 61.1(a)
- 12.2 The protest time limit is 30 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 12.3 Notices will be posted no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witness. Hearings will be held in the protest room next to the regatta office.
- 12.4 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

13. Scoring

- 13.1 3 races are required to be completed to constitute a series.
- 13.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores
- 13.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

14. Safety regulations

- 14.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 14.2 Competitors shall wear personal flotation devices at all times while afloat. Wet suits and dry suits are not personal flotation devices. This changes rule 40.
- 14.3. All participants, partners, parents or supporters should comply to the national healthcare rules as they exist at the time of the race. All precautions to limit the spread of disease will be taken by all those present on the site .

15. Disclaimer of liability

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or any person directly or indirectly involved in the organization shall not be liable for material damage or personal injury or death sustained in conjunction with or prior to, during, after the regatta, ashore or afloat.
- 15.2 Parents/guardians are responsible for the safety of the sailor. It is the sole responsibility of the parents/guardians of the sailor to decide if the sailor should sail in the weather conditions that might arise during the Regatta. Parents/guardians not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for the sailor.

16. Insurance

- 16.1 Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of 1.000.000 € per incident or the equivalent.



17. Replacement of equipment

17.1 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

18. Equipment and measurement checks

18.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designed area for inspection.

19. Support boats

19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

20. Radio communication

20.1 Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

21. Trash disposal

21.1 No waste shall be thrown into the water before, during, nor after racing.

